

Road to the 2010 HPC

The Road to the 2010 OVA High Performance Centre has begun. Identification and selection process for athletes is now posted.

2010 HPC - Humber College, Etobicoke - July 2-7, 2010

Rationale for offering HPC Direct Invitations

The OVA has used a direct invite process for inviting up to 20-22 athletes to attend the HPC each year since the first Centre held in 2005. The reason we continue to go through this process is an effort to reduce costs to athletes by limiting the number of possible athletes attending the HPC Open Tryout. By keeping the Open Tryout numbers lower (40-50 athletes), we can afford to hold it as a one day camp which reduces the potential costs (accommodations, food, gym rental, etc) to athletes by over 50%, not including the costs saved by Direct Invites.

Open Tryout Process

Any athlete not directly invited to attend the OVA HPC is welcome to register and attend the HPC Open Tryout to be held on May 29th (Girls) and May 30th (Boys), 2010 at Bill Crothers SS, Markham. Athletes selected to attend the OVA HPC through the Open tryout process will receive an email on Monday May 31st, 2010 with their Head Coach cc’d, indicating that they have been invited.

A complete list of athletes attending the 2010 OVA HPC will be published on the OVA website by June 4, 2010.

If you have any question regarding the process please contact Ryan Mercado, OVA Program Coordinator.