

National Beach Volleyball Practice Center - Ontario

As of October 2009, provincial and national team athletes have been continuing their beach training on a daily basis under the guidance of Beach Development Coach, Angie Shen and National Team Head Coach, Lennard Krapp.

The National Beach Volleyball Practice Centre Ontario program has come to life as the result of a mission between the partnerships of the Ontario Volleyball Association (OVA), Canadian Sport Centre – Ontario (CSC-O), and Volleyball Canada (VC) to create a world-class beach volleyball program that will support Canadian athletes with all necessary resources to help them achieve international prominence.

Athletes based at the National Practice Centre full time are provided with year round daily practices, as well as full access to services provided by the CSC-O including sport psychology, nutrition guidance, strength & conditioning, athletic therapy, along with many other support services.

Teachers & Coaches

Teachers & Coaches that are interested in coaching development are invited to contact us for more information on how you can get involved directly with the program or visit us at a practice session.

Athletes

The National Beach Volleyball Practice Centre is actively looking for athletes that may be interested in future opportunities to develop and being selected for U19 and U21 World Championships. Athletes that are interested in being a part of this program or want to talk to us about their beach career options are welcome to do so.

While the National Beach Volleyball Practice Centre is a high performance training centre, we invite any coaches, clubs, teachers, parents, or schools that are interested in finding out more information on the centre, or on how to guide a promising athlete to contact us.

Please contact Beach Development Coach Angie Shen at ashen@ontariovolleyball.org.

Newsletters

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